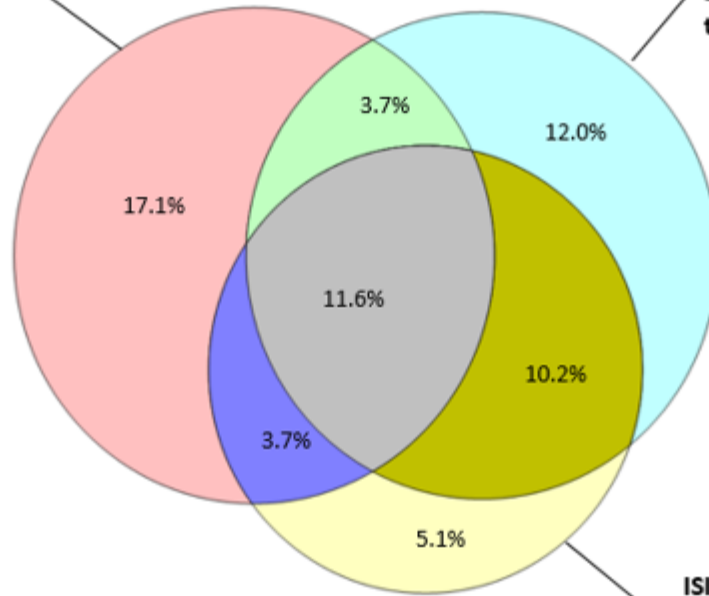


n=216 answered all questions on the Insomnia Severity Index (ISI) and questions regarding pain and bathroom trips

Pain disturbs sleep three or more times a week = 36.1%

The need to use the bathroom disturbs sleep three or more times a week = 37.5%



ISI score ≥ 15 = 30.6%