

Table III. Linear regression. Dependent variable PSQI. Predictors: age, sex, bathroom break, pain, score on Insomnia-Severity-Index, score on STOP-Bang-questionnaire and the five diagnostic criteria for restless-legs-syndrome.

<b>Model</b>	<b>Unstand- ardized B</b>	<b>Coefficients Std. Error</b>	<b>Standardized Coefficients Beta</b>	<b>t-value</b>	<b>p-value</b>
Age	0.004	0.017	0.013	0.254	0.800
Sex	0.583	0.554	0.058	1.052	0.294
Bathroom break	-0.229	0.173	-0.072	-1.325	0.187
Pain	0.661	0.186	0.213	3.553	< 0.001
Insomnia (ISI)	0.416	0.042	0.638	9.889	< 0.001
STOP-Bang	-0.329	0.549	-0.033	-0.599	0.550
Restless Legs Syndrome, 5 diagnostic criteria	0.251	0.197	0.073	1.273	0.205

F=35.07 (p < 0.001), R<sup>2</sup>=0.59