

Table I. Insomnia, sleep apnea and restless legs syndrome. Prevalence of symptoms compared to prevalence of diagnosis by a physician.

Sleep disorder	Prevalence of symptoms % Questionnaire	Prevalence % Diagnosed	p-value*
Insomnia	30.4 (68/224) ** ISI	6.5 (15/231)**	p < 0.001
Obstructive Sleep apnea	23.9 (48/201) STOP-Bang	4.7 (11/232)	p < 0.001
Restless legs syndrome	21.1 (49/232) 4 diagnostic criteria	9.5 (22/231)	p = 0.003
Restless legs syndrome	14.4 (32/222) 5 diagnostic criteria	9.5 (22/231)	p = 0.184

* chi-square test.

** (number/number of valid answers)

