

Table I. Number of individuals, prescriptions and DDD from 2006-2016. Individuals aged 18-35, who were prescribed anxiolytics, hypnotics and antidepressants at the Primary Health Care of Reykjavik capital area during the years 2006-2016

| | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 | Change from 2006-2016 [%] |
|-------------------------------|---------|---------|---------|---------|---------|-----------|-----------|-----------|-----------|-----------|-----------|---------------------------|
| Anxiolytics (N05B) | | | | | | | | | | | | |
| Individuals | 946 | 1.012 | 1.137 | 1.073 | 1.120 | 1.228 | 1.331 | 1.378 | 1.389 | 1.613 | 1.654 | 74,8 |
| Prescriptions | 2.465 | 2.821 | 3.148 | 3.298 | 3.138 | 3.183 | 3.265 | 3.365 | 3.776 | 4.099 | 4.313 | 75,0 |
| DDD | 40.642 | 46.449 | 50.341 | 60.077 | 55.598 | 51.839 | 53.850 | 52.303 | 61.339 | 62.303 | 68.549 | 68,7 |
| Hypnotics (N05C) | | | | | | | | | | | | |
| Individuals | 1.045 | 1.074 | 1.104 | 1.127 | 1.181 | 1.188 | 1.123 | 1.066 | 990 | 1.014 | 1.038 | -0,7 |
| Prescriptions | 3.384 | 3.896 | 4.414 | 4.291 | 4.694 | 4.473 | 4.124 | 3.908 | 3.804 | 3.856 | 3.993 | 18,0 |
| DDD | 79.520 | 96.165 | 111.475 | 109.686 | 119.020 | 112.534 | 106.309 | 112.950 | 113.045 | 113.230 | 119.554 | 50,3 |
| Antidepressants (N06A) | | | | | | | | | | | | |
| Individuals | 2.866 | 3.003 | 3.006 | 2.890 | 3.080 | 3.163 | 3.470 | 4.004 | 4.292 | 4.893 | 5.355 | 86,8 |
| Prescriptions | 12.501 | 13.494 | 13.881 | 10.342 | 9.676 | 9.774 | 10.487 | 12.546 | 13.605 | 15.746 | 17.666 | 41,3 |
| DDD | 695.035 | 779.293 | 812.354 | 881.784 | 930.432 | 1.006.774 | 1.110.605 | 1.348.337 | 1.480.295 | 1.712.854 | 1.977.460 | 184,5 |

