

Table IV. Drugs for prevention and treatment of high altitude illness. Based on reference (7).

Drug	Indication	Route of administration	Dose
Acetazolamide	Prevention of AMS, HACE Treatment of AMS, HACE	Oral Oral	125 mg every 12 h 250 mg every 12 h
Dexamethasone	Prevention of AMS, HACE Treatment of AMS, HACE	Oral, intravenous or intramuscular	2 mg every 6 h or 4 mg every 12 h. AMS: 4 mg every 6 h. HACE: 8 mg once, then 4 mg every 6 h.
Íbuprofen	Prevention of AMS	Oral	600 mg every 8 h
Nifedipine	Prevention of HAPE Treatment of HAPE	Oral Oral	30 mg extended release every 12 h or 20 mg extended release every 8 h 30 mg extended release every 12 h or 20 mg extended release every 8 h
Tadalafil	Prevention of HAPE	Oral	10 mg every 12 h
Sildenafil	Prevention of HAPE	Oral	50 mg every 8 h
Salmeterol	Prevention of HAPE	Inhalation	125 mikrog every 12 h

AMS, acute mountain sickness, HACE, high altitude cerebral edema, HAPE, high altitude pulmonary edema