

- Taking five or more regular medications or more per day.
- Significant changes in medication treatment regimen during the previous three months.
- Taking medication with a narrow therapeutic index and/or requiring therapeutic monitoring.
- Symptoms suggestive of an adverse drug reaction.
- Sub-optimal response to treatment with medicines.
- Suspected non-compliance or inability to manage medication-related therapeutic devices.
- Literacy or language difficulties, dexterity problems, impaired sight, confusion/dementia or other cognitive difficulties.
- Attending a number of different doctors, both GPs and specialists.
- Recent discharge from a hospital (in the last four weeks).