

Table III: Results of pelvic floor muscle strength measurements

Female athletes	Strength (hPa)	Untrained women	Strength (hPa)
A1	25	U1	30
A2	61	U2	42
A3	47	U3	36
A4	54	U4	25
A5	38	U5	51
A6	43	U6	15
A7	40	U7	41
A8	38	U8	56
A9	50	U9	56
A10	45	U10	57
A11	50	U11	17
A12	31	U12	56
A13	43	U13	31
A14	56	U14	86
A15	54	U15	48
A16	35	U16	36
A17	44		
A18	47		
Mean	44.5	Mean	42.7
St. dev.	9.1	St. dev.	18
St. error	2.2	St. error	4.5
95% interval	40–64	95% interval	33–52

A1–A18 represent the female athletes, U1–U16 represent the untrained women. hPa is the pressure unit hectoPascal, used to measure muscle strength. The *p*-value for the *t*-test of whether the athletes were stronger on average is 0.36, which is not statistically significant.

